



# FAMILY LIFE

## Merit Badge Requirements

- 1) Prepare an outline and discuss with your merit badge counselor what a family is and how the actions of one member can affect other members.
- 2) List 10 reasons why you are important to your family. Review these points with your parents or guardians and with your merit badge counselor.
- 3) Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.
- 4) With the approval of your parents/guardians and your merit badge counselor, decide on and carry out a project that you would do around the house that would benefit the family. Submit a report to your merit badge counselor outlining how the project benefited the family.
- 5) Plan and carry out a project that involves the participation of your family. After carrying out the project, discuss the following with your merit badge counselor:
  - A) The objective or goal of the project
  - B) How individual members of your family participated
  - C) The results of the project
- 6) Do the following:
  - A) Discuss with your merit badge counselor how to plan and carry out a family council.
  - B) After this discussion, plan and carry out a family council to include the following subjects:
    - 1) How to avoid the use of drugs and drug abuse
    - 2) Understanding the growing-up process, how the body changes, and making responsible decisions dealing with sex
    - 3) Personal and family finances

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FAMILY LIFE MERIT BADGE WORKSHEET

**Requirement 1**

What is a Family?

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How can the actions of one member affect other members?

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**Requirement 2**

10 Reasons I am important to my family are:

- 1) \_\_\_\_\_
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_
- 4) \_\_\_\_\_
- 5) \_\_\_\_\_
- 6) \_\_\_\_\_
- 7) \_\_\_\_\_
- 8) \_\_\_\_\_
- 9) \_\_\_\_\_
- 10) \_\_\_\_\_

\_\_\_ I have reviewed these with my parents.

\_\_\_ I have reviewed these with my merit badge counselor.

**Requirement 3**

## FAMILY LIFE MERIT BADGE WORKSHEET

Prepare a list of your regular home duties or chores (at least five) and do them for 90 days. Keep a record of how often you do each of them.

Use the following sheet to help you with this requirement.







